

2nd Annual Kansas Obesity Summit

10:00 AM – 2:00 PM, Topeka Ramada, 420 SE 6th Ave.

Welcome Virginia Elliott, Chair, Governor's Council on Fitness

Progress and Status in Kansas Secretary Robert Moser, MD

Keynote Address: Bearing the Torch for Fitness **Doug Gruenbacher, MD**

Question and Answer with Dr. Gruenbacher Dr. Moser, Facilitator

Community Showcase Kathy Sexton, Moderator

Healthy Opportunities for Physical Activity & Nutrition (HOP'N) Childcare Kasey Kile

Healthy Concessions Jill Geller

Community Built Environment Supports for Physical Activity Scott Wadle

HaysMed: Promoting Healthy Lifestyles & Fitness for Patients, Associates, & Community JoDee Altman

Healthy Congregations Judy Johnston

Physical Activity in the Child Care Setting Christi Smith

Pick up Boxed Lunches

Annual Kansas Health Champion of the Year Awards

Overview and Purpose of Award Virginia Elliott

Remarks Governor Sam Brownback

Announcement of Winners Mary Jo Hafliger

Presentation of Awards by Governor Sam Brownback

Individual Honorable Mention Award

Organizational Honorable Mention Awards

Individual Champion Award Remarks by Champion

Organizational Champion Award Remarks by Champion

Physical Activity Break Led by Organizational Kansas Health Champion

School Showcase Kevin Harker, Moderator

Let's Move! Active Kansas Schools Rhonda Holt

Healthy Schools Program Gretchen Speer Patch

KS State Department of Education Programs Promoting Physical Activity and Wellness Jill Ladd

Kansas Fitness Information Tracking (K-FIT) Mark Thompson

Garden City Schools Wellness Initiative Tracy Johnson

Spread the Ideas Closing Remarks by Virginia Elliott and Dr. Moser

Physical Activity Champions reconvene at 2:15 PM