

OCTOBER

running calendar

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OCTOBER 1

Heart Choices Walk Fun For Life 5K

BELOIT, KS

SERO Prostate Cancer Run 5K & Kids Run

KANSAS CITY, KS

OCTOBER 7

Chili Cookoff - Best Dam Run in Kansas 5K, 2M

GLEN ELDER, KS

DSSW Buddy Walk & 5K

WICHITA, KS

Erie Community Fund Color 5K

ERIE, KS

Fort Hays State Homecoming Tiger 5K

HAYS, KS

Get Your Motor Running 5K & Kids Run

EMPORIA, KS

Glen Elder Fun Run

GLEN ELDER, KS

Goddard Fall Festival Color Run 5K, 1M

GODDARD, KS

Jared Coones Memorial Pumpkin 5K & Kids Run

OLATHE, KS

Lake Perry Rocks 50K, 13.1M, 5K trail run

MERIDEN, KS

Legacy 10K & Spirit 5K & Kids Run

GARDEN CITY, KS

Run Like a Girl 5K & 1M

GALENA, KS

Louisburg Cider Run 10K, 5K, 1M

LOUISBURG, KS

No One Fights Alone 5K

PAOLA, KS

Oktoberfest Run for the Poor 5K & 1M

WICHITA, KS

SuperMax Run 5K & Kids Run

TOPEKA, KS

OCTOBER 8

Prairie Fire Marathon 26.2M, 13.1M, 5K

WICHITA, KS

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OCTOBER 14

*Coronado Heights Run 15K,
5K, Kids Run*

LINDSBORG, KS

CPO Love Life 5K & Kids Run

TOPEKA, KS

Fierce-ish 5K & 10K

TOPEKA, KS

Gorilla Grind 5K

PITTSBURG, KS

Let's Move, Kansas! 5K

WICHITA, KS

*Nebraska Furniture Mart
Halloween Run 5K*

KANSAS CITY, KS

*Step Beyond Celiac 5K &
Kids Run*

KANSAS CITY, KS

OCTOBER 15

*K-State Homecoming
Philanthropy 5K*

MANHATTAN, KS

Lace Up for Learning 5K

OVERLAND, KS

Victory Over Violence 5K

TOPEKA, KS

OCTOBER 20

*Halloween Prowl, Howl, and
Growl 4.5M*

LAWRENCE, KS

OCTOBER 21

Aloha 5K

WICHITA, KS

Boo Radley Howl-oween 5K

MANHATTAN, KS

*Flatlander Half Marathon
& 5K*

GREAT BEND, KS

Flying Witch 5K

BELLEVILLE, KS

Maple Leaf Run 5K & Kids Run

BALDWIN CITY, KS

Neewollah 10K, 5K, Kids Run

INDEPENDENCE, KS

Pumpkin Run 5K, 1K, Kids Run

WICHITA, KS

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OCTOBER 22

Crimson & Boo 5K
LAWRENCE, KS

Hustle for Hunger 5K
LEAVENWORTH, KS

*Overrun Ovarian Cancer
5K & 1M*
OVERLAND PARK, KS

Wichita Sports Forum 5K
WICHITA, KS

*Wichita Monster Dash
5K & Kids Run*
WICHITA, KS

OCTOBER 28

Arkalalah 2 Mile Run
ARKANSAS CITY, KS

Cranio Cutie Crawl
SHAWNEE, KS

Fright Night 5K
GARDEN CITY, KS

*Heart 2 Heart Zombie Fun
Run*
NEWTON, KS

*Monster Metcalf 5K & Kids
Run*
OVERLAND PARK, KS

Olathe Charities 5K
OLATHE, KS

*Strides Against Obesity
5K & 1M*
WICHITA, KS

*Topeka South Rotary
Pumpkin Run 5K*
TOPEKA, KS

Toys for Tots 5K
TOPEKA, KS

OCTOBER 29

Lexi's 5K
WICHITA, KS

Spooky 5K Run & Kids Run
LEAWOOD, KS